



Swallowfields

Care Centre



*Of all the things you wear, your
expression is the most important*

Welcome

At Swallowfields Care Centre, we believe that all our residents should feel like it's their home, not ours. We strive to make this the basis of our commitment to their care and support, providing everyone with a warm, friendly and safe environment where they can begin this journey.

Residents who we support, are encouraged to lead independent lives as far as is possible and to fulfil their own potential. Our goals are quite simply theirs, in other words, our focus is on what they can do, rather than what they can't.

We support people who have one or more of the following needs:

- Autism and Aspergers Syndrome
- Physical disability
- Learning disability

- Behaviour that may Challenge
- Mental health needs (Dual Diagnosis)
- Require full 24 hour care
- One to one support
- Persons who may self harm
- Complex needs including Epilepsy.

Just For You

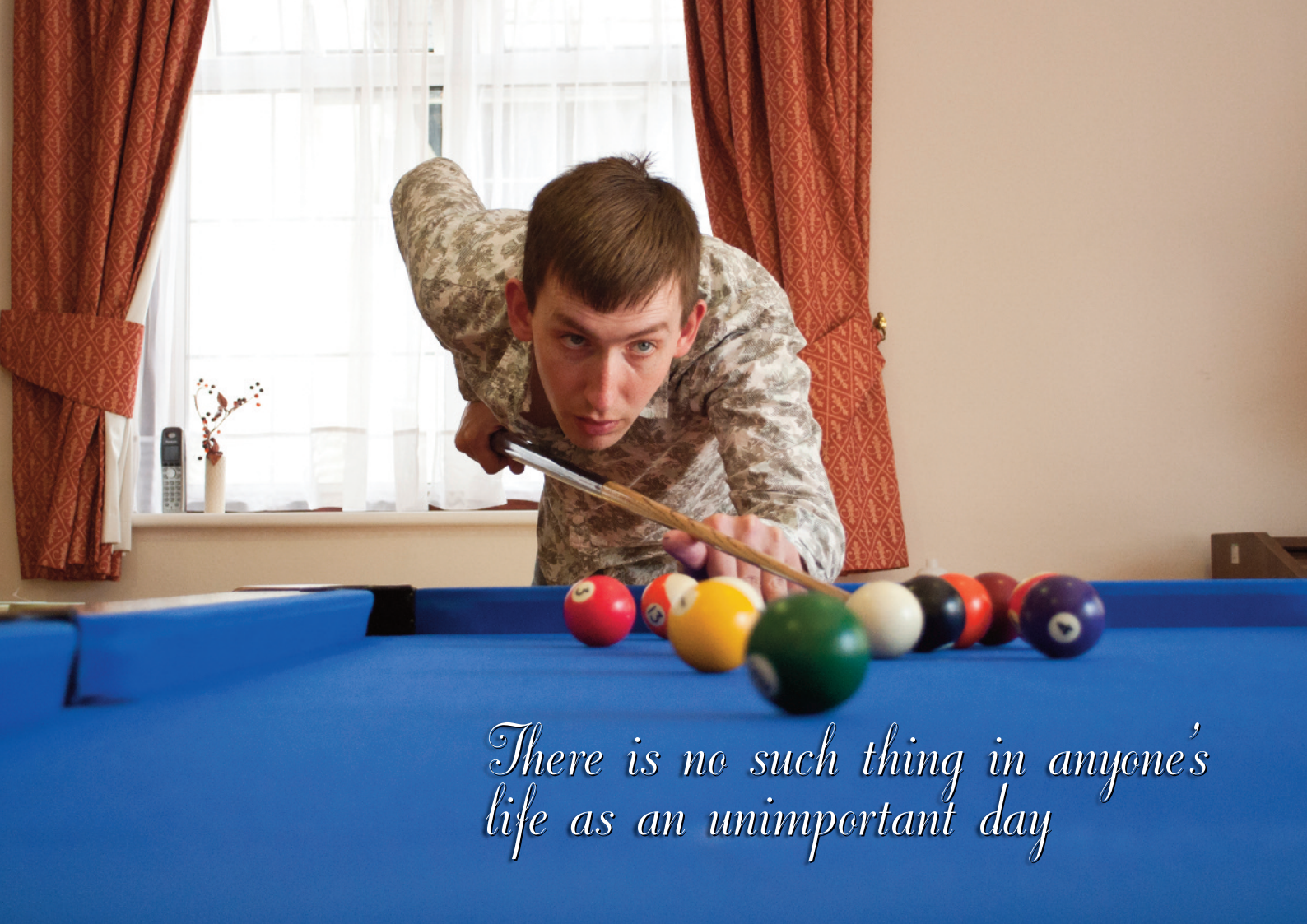
We encourage each individual to live their life in a manner which is specific to their wishes, and which promotes independence and choice. We do this by finding out what is important to each resident and supporting them in a way which is meaningful to them.

We value the uniqueness of each resident and build on their skills in order to maintain independence and involve them fully in any decision making processes. We respect and value each resident and

their contribution to their home and their care. We ensure that the home provides for all support needs by ongoing assessment and evaluation of each resident ensuring they are fully involved and consulted at every stage.

We establish good channels of communication and information sharing between the next of kin and ourselves and all support given will be transparent, open, and in accordance to current best practice and legislation.





*There is no such thing in anyone's
life as an unimportant day*

Individual Personalised Care

We provide our residents with a friendly, clean, homely, comfortable and safe environment, which promotes their individuality, choices, independence, rights and dignity.

Spaces to Stimulate

Swallowfields has 8 large, en-suite rooms, two of which have wet room facilities, nurse call system and TV and telephone points. We encourage residents to personalise and individualise their rooms with pictures and treasured items.

There are two lounges to enjoy, a dining room, activities area, gym, conservatory, sensory room and a safe, accessible sensory garden and patio area. A kitchen is the heart of any home, in Swallowfields, we have two. The second provides therapeutic facilities for our

residents to enjoy participating in all aspects of cooking.

Our home has been specially constructed to support our residents' needs and reflects changing needs, lifestyles and regulations. We are constantly changing and upgrading our environment. We believe that as the needs of our residents change, so should we.

Whats on

Residents have their own individual diaries (some using pictures) and are actively involved in the running of the home, with full support to undertake domestic, gardening or cooking tasks if they wish.

We arrange for entertainers to come into the home; parties, BBQ's and even holidays.

At Swallowfields, we employ our own fully qualified therapists who work one to one or in groups with our residents.

These include:

- Occupational therapists
- Dance and movement therapists
- Art therapists
- Music therapists
- Relaxation therapists

We understand that everybody is different, which is why we offer a selection of activities and tailor these to the individuals choice.



Patience is the best remedy



Friendly Service

As a specialist home for people who have different forms of Learning Disabilities or Mental Health needs, we believe that the provision of high quality, dedicated support starts with having a well trained and knowledgeable staff team who actively value people with such needs.

We continuously strive to understand the challenges faced by our residents and their families, by listening and updating our knowledge and skills through internal and external training.

- Understanding the resident and what is important to them
- Valuing each resident by providing individualised support
- Acknowledging and celebrating each residents abilities whilst providing respectful support
- Ensuring the environment is easy to

understand and navigate

- Ensuring staff are trained and knowledgeable about the issues that matter to our residents
- Providing an environment with plenty of different areas for socialising or space to ‘get away from it all’
- Ensuring health needs are addressed by close links with GP’s, Community Mental Health Teams, and our team of Therapists
- Providing access to alternative therapists, art, music, drama etc
- Providing support to families through involving them to participate in all aspects of planning

Swallowfields supports its staff through continuous self development by utilising training and supervision. We listen and learn from feedback via our quality assurance procedures which include

residents, staff, families and external professionals.

Social Activities

Activities are available in all areas of the home and staff understand the value of providing a stimulating environment and acknowledging that any ‘task’ can become a meaningful activity with positive support. This may include crafts, leisure, music, spiritual, reading, relaxation, fitness or visits to local places of interest, shops and restaurants.

We have our own Occupational therapists who provide extensive and appropriate support through detailed cognitive assessments individually tailored to meet the simplest to the toughest personal challenges.

Passionate about care




Swallowfields
Care Centre

Tel: 01372 745903

45 Alexandra Road, Epsom, Surrey, KT17 4DB

www.aimscare.co.uk/swallowfields